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Education

2018	M.L.I.S.	San José State University <i>Library and Information Science</i>
2011	Ph.D.	Michigan State University <i>Cognition & Cognitive Neuroscience</i> Dissertation: A critical examination of the ego-depletion effect: Can you vs. will you engage in effortful self-regulation?
2007	M.A.	Michigan State University <i>Cognitive Psychology</i> Thesis: Strategy use in the Raven's: Evidence for item subsets and the role of flexibility.
2003	B.A.	Idaho State University, High Honors <i>Psychology</i>

Experience

2014 – Present	<p>Assistant Librarian, Research & Learning Division, Harold B. Lee Library, Brigham Young University (BYU), Provo, Utah, USA</p> <ul style="list-style-type: none"> • Citizenship & Mentoring: serving on committees and providing experiential learning opportunities for students • Liaison to Faculty: providing research and teaching support to the departments of Psychology; Counseling Psychology & Special Education; and Instructional Psychology & Technology • Instruction: teaching information literacy skills and how to use library resources; teaching psychology courses • Reference & Research Support: providing group and one-on-one consultations about library resources and the research process • Collection Development: managing print and online collections • Scholarship & Creative Works: conducting and publishing library and psychology-related research, producing exhibits, presenting at conferences
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- 2012 – 2014 **Adjunct Faculty**, Department of Psychology, BYU–Idaho, Rexburg, Idaho, USA
- Instruction: taught introductory and cognitive psychology courses ranging from 25-100 students
- 2011 – 2012 **Visiting Faculty**, Department of Psychology, BYU–Idaho, Rexburg, Idaho, USA
- Instruction: taught introductory and cognitive psychology courses ranging from 25-100 students
 - Citizenship on department and university committees

Research Interests

- Writing and information literacy (e.g., synthesis, argument development)
- Higher-order cognitive processes (e.g., working memory, self-regulation)
- Gender equity (e.g., in the workplace, social cognitive theory)
- Collaborative projects with liaison department faculty (e.g., systematic reviews, exhibits)

Peer-Reviewed Journal Articles

- Darowski, E. S.,** Helder, E., Patson, N. D. (2022). Explicit writing instruction in synthesis: Combining in-class discussion and an online tutorial. *Teaching of Psychology*, 49(1), 57-63. <https://doi.org/10.1177/0098628320979899>
- Johnson, C. C., Suchyta, M. R., **Darowski, E. S.,** Collar, E. M., Kiehl, A. L., Jackson, J. C., & Hopkins, R. O. (2019). Psychological sequelae in caregivers of critically ill intensive care unit patients: A systematic review. *Annals of the American Thoracic Society*, 16(7), 894-909. <https://doi.org/10.1513/AnnalsATS.201808-540SR>
- Darowski, E. S.,** Hansen, K. L., Jackson, A. P., Flint, C. D., & Linford, J. (2018). Analyzing anger references in the scriptures: Connections to therapy in a religious context. *Issues in Religion and Psychotherapy*, 39(1), 77-98. <https://scholarsarchive.byu.edu/irp/vol39/iss1/11/>
- Luke, S. G., **Darowski, E. S.,** & Gale, S. D. (2018). Predicting eye movement characteristics across multiple tasks from working memory, inhibition, and processing speed. *Memory & Cognition* 46, 826-839. <https://doi.org/10.3758/s13421-018-0798-4>
- Hopkins, R. O., Suchyta, M. R., Kamdar, B. B., **Darowski, E. S.,** Jackson, J. C., & Neeham, D. M. (2017). Instrumental activities of daily living after critical illness: A systematic review. *Annals of the American Thoracic Society*, 14(8), 1332-1343. <https://doi.org/10.1513/AnnalsATS.201701-059SR>
- Darowski, E. S.,** Patson, N. D., & Helder, E. (2016). Implementing a synthesis tutorial to improve student literature reviews. *Behavioral & Social Sciences Librarian*, 35(3), 94-108. <https://doi.org/10.1080/01639269.2016.1243437>

- Hambrick, D. Z., Rench, T. A., Poposki, E. M., **Darowski, E. S.**, Roland, D., Bearden, R. M., Oswald, F. L., & Brou, R. (2011). The relationship between the ASVAB and multitasking in navy sailors: A process-specific approach. *Military Psychology*, 23, 365-380. <https://doi.org/10.1080/08995605.2011.589323>
- Hambrick, D. Z., Oswald, F. L., **Darowski, E. S.**, Rench, T. A., & Brou, R. (2010). Predictors of multitasking performance in a synthetic work paradigm. *Applied Cognitive Psychology*, 24, 1149-1167. <https://doi.org/10.1002/acp.1624>
- Patson, N. D., **Darowski, E. S.**, Moon, N., & Ferreira, F. (2009). Lingering misinterpretations in garden-path sentences: Evidence from a paraphrasing task. *Journal of Experimental Psychology: Learning, Memory, and Cognition*, 35, 280-285. <https://doi.org/10.1037/a0014276>
- Darowski, E. S.**, Helder, E., Zacks, R. T., Hasher, L., & Hambrick, D. Z. (2008). Age-related differences in cognition: The role of distraction control. *Neuropsychology*, 22, 638-644. <https://doi.org/10.1037/0894-4105.22.5.638>

Book Chapters

- Darowski, E. S.**, Armstrong, M., & Fry, L. (Accepted). Leading by design: Building an experiential studio to support interdisciplinary learning. In S. Nagle & E. Tzoc (Eds.), *Innovation and experiential learning in academic libraries: Meeting the needs of 21st century students*. Rowman & Littlefield.

Conference Proceedings

- Smart, E., **Darowski, E. S.**, Armstrong, M. (2019). Inspiration, ideation, and implementation: Library integration with design thinking courses. *Recasting the Narrative: The Proceedings of the Association of College and Research Libraries 2019 Conference*, Cleveland, Ohio, United States. <http://www.ala.org/acrl/sites/ala.org.acrl/files/content/conferences/confsandpreconfs/2019/InspirationIdeationImplementation.pdf>

Conference Presentations

- Helder, E., **Darowski, E. S.**, & Patson, N. D. (2020). *Teaching writing in psychology: Improving students' abilities to synthesize information across scholarly sources* [Participant idea exchange]. Annual Conference of the National Institute on the Teaching of Psychology, St. Pete Beach, Florida, United States. <https://nitop.org/resources/Documents/2020/2020%20PIEs%20for%20website%2012.04.19.pdf>

- Smart, E., **Darowski, E. S.**, & Armstrong, M. (2019). *Inspiration, ideation, and implementation: Library integration with design thinking courses* [Paper presentation]. Association of College and Research Libraries Bi-Annual Conference, Cleveland, Ohio, United States.
- Darowski, E. S.** (2019). *Stop, collaborate, and listen: Teachers and librarians partner to improve psychology students' information literacy* [Participant idea exchange]. Annual Conference of the National Institute on the Teaching of Psychology, St. Pete Beach, Florida, United States.
- Seferovich, H., **Darowski, E. S.**, & Flint, C. D. (2018). *Observations from two collaborative exhibitions (with a snapshot of findings from Jesus Wept: Emotions in the Scriptures and Bodies Filled with Light)* [Conference session]. Consortium of Church Libraries and Archives Spring Post-Conference, Salt Lake City, Utah, United States.
- Darowski, E. S.** (2017). *A librarian's role in writing instruction: Online solutions* [Lightning talk]. Consortium of Church Libraries and Archives Spring Post-Conference, Salt Lake City, Utah, United States.
- Silva, E., Wadham, R., Whitchurch, M., Green, J., Hawkins, E., & **Darowski, E. S.** (2017). *Approaching research as a learner* [Conference session]. Consortium of Church Libraries and Archives Spring Post-Conference, Salt Lake City, Utah, United States.
- Luke, S. G., **Darowski, E. S.**, & Gale, S. D. (2016). *Predicting eye movement characteristics from working memory, inhibition, and processing speed* [Paper presentation by Luke]. Annual Meeting of the Psychonomic Society, Boston, Massachusetts, United States.
- Haynes, C. B., Seawright, K. K., Westwood, J. L., & **Darowski, E. S.** (2016). *Innovative entrepreneurship: The impact of gender, shame, and guilt* [Paper presentation by co-authors Haynes and Westwood]. Babson College Entrepreneurship Research Conference (BCERC), Nord University, Bodo, Norway.
- Wadham, R., & **Darowski, E. S.** (2015). *Literacy and social-emotional development connections in children's literature* [Conference session]. Annual Conference of the Utah Library Association, St. George, Utah, United States.
- Swensen, E.**, Covington, D. K., & Toussaint, L. (2003). *Gender differences in body esteem, self-esteem, and body image and associations with social anxiety* [Conference session]. Annual Western Social Sciences Association Conference, Las Vegas, Nevada, United States.

Poster Presentations

- Darowski, E. S.**, Lotulelei, T. T., & Erikson, D. M. (2020). *Taking a Break: The effect of mindfulness versus social media on the Remote Associates Task* [Virtual poster presentation]. Annual Meeting of the Psychonomic Society.
- Lotulelei, T. R., **Darowski, E. S.**, & Erikson, D. M. (2020). *Taking breaks: Comparing the impact of mindfulness versus social media* [Poster presentation by mentored student]. Utah Conference on Undergraduate Research, Logan, Utah, United States.

- Flint, C. D., & **Darowski, E. S.**, & Wood, D.-M. (2019). *Impact of psychology of gender course on gender attitudes* [Poster presentation by mentored student]. Utah Conference on Undergraduate Research, Ogden, Utah, United States.
- Reid, T., Reid, R., Wisco, J. J., Seferovich, H. M., & **Darowski, E. S.** (2018). *Reviewing the impact of social media and mindfulness on medical student wellness* [Poster presentation by first three authors]. Annual Conference of the International Association of Medical Science Educators, Las Vegas, Nevada, United States.
- Darowski, E. S.**, & Kellems, K. (2016). *Organizing a grant writing workshop for graduate students* [Poster presentation]. Annual Conference of the Utah Library Association, Layton, Utah, United States.
- Darowski, E. S.**, Patson, N. D., & Helder, E. (2016). *Improving student literature reviews through synthesis* [Poster presentation]. Annual Conference of the National Institute on the Teaching of Psychology, St. Pete Beach, Florida, United States.
- Darowski, E. S.**, & Hambrick, D. Z. (2007). *Strategy use in the Raven's: Evidence for item subsets and the role of flexibility* [Poster presentation]. Annual Meeting of the Psychonomic Society, Long Beach, California, United States
- Patson, N. D., **Swensen, E.**, Moon, N., & Ferreira, F. (2007). *Lingering misinterpretations due to partial reanalysis or memory trace? Evidence from individual differences* [Poster presentation]. 20th Annual CUNY Conference on Human Sentence Processing, La Jolla, California, United States.
- Hambrick, D. Z., Hasher, L., Zacks, R. T., Helder, E. A., & **Swensen, E.** (2006). *Distraction control and age-related differences in working memory* [Poster presentation]. Cognitive Aging Conference, Atlanta, Georgia, United States.
- Swensen, E.**, Helder, E. A., Zacks, R. T., Hasher, L., & Hambrick, D. Z. (2006). *Reading with distraction across the adult lifespan* [Poster presentation]. Cognitive Aging Conference, Atlanta, Georgia, United States.
- Patson, N. D., **Swensen, E.**, Moon, N., & Ferreira, F. (2006). *Individual differences in syntactic reanalysis* [Poster presentation]. 19th Annual CUNY Conference on Human Sentence Processing, New York City, New York, United States.
- Swensen, E.**, Covington, D. K., & Toussaint, L. (2003). *Associations between social anxiety and body esteem, self-esteem, and body image* [Poster presentation]. Annual National Conference of Undergraduate Research, Salt Lake City, Utah, United States.

Exhibits

- Darowski, E. S.**, Erikson, D. M., Lotulelei, T. R., & Taylor, R. R. (2020 – 2024). *Be still: Building a mindful life*. Education in Zion Gallery: Brigham Young University.
<https://educationinzion.byu.edu/exhibition/be-still-building-a-mindful-life-coming-fall-2020/>

Darowski, E. S., Hill, W. B., Seferovich, H. M., Everson, K., & Flint, C. D. (2017 – 2020). *Jesus wept: Corpus findings*. 3rd Floor Study Alcove, adjacent to Education in Zion Gallery: Brigham Young University.

Darowski, E. S., Flint, C. D., Seferovich, H. M., & Hill, W. B. (2017 – 2020). *Jesus wept: Emotions in the scriptures*. Education in Zion Gallery: Brigham Young University. <http://educationinzion.byu.edu/exhibition/jesus-wept/>

Reviews & Essays

Wood, D.-M. G., **Darowski, E. S.**, Madsen, S. R., & Knapp, G. C. (2022, January 19). Poverty among Utah women: A 2022 update. *Utah Women and Leadership Project*. <https://www.usu.edu/uwlp/files/snapshot/33.pdf>

Winkel, R., **Darowski, E. S.**, Christensen, M., & Madsen, S. R. (2021, October 5). Utah gender wage gap: A 2021 update. *Utah Women and Leadership Project*. <https://www.usu.edu/uwlp/files/snapshot/31.pdf>

Darowski, E. S. (Summer 2019). Review of psychology bibliography. *Resources for College Libraries*.

Darowski, E. S., & Darowski, J. J. (2016). Carl Jung's historic place in psychology and continuing influence in narrative studies and American popular culture. *Swiss American Historical Society Review*, 52(2), 21-42. https://scholarsarchive.byu.edu/sahs_review/vol52/iss2/2/

Darowski, E. S. (2016, January 1). Review of the book *Learning to feel good and stay cool: Emotion regulation tools for kids with AD/HD*, by J. M. Glasser & K. Nadeau, illustrated by C. Beyl. *Children's Book & Media Review*. <http://byucbmr.com/reviews/learning-to-feel-good-and-stay-cool-emotion-regulation-tools-for-kids-with-adhd/2015/12/15>

Media

Seferovich, H., & **Darowski, E. S.** (2017, April 13). *Emotions in the Bible* [Radio broadcast]. Top of Mind with Julie Rose. <https://www.byuradio.org/8dcf4cc1-dac4-4db4-a8ff-f427c5eb1ddd>

Professional Service & Citizenship

Harold B. Lee Library

2021 – Present

Member

Scientific Merit Review Committee

2014 – 2021	Member	Scholarly Communications Committee (& Data Management Subcommittee, 2015 – 2016)
2019 – 2021	Member	Faculty Search & Hiring Task Force, Faculty Meeting <i>Faculty Meeting currently known as Faculty Council</i>
2019 – 2021	Poster Judge	Library-Sponsored College of Life Sciences Poster Competition
Fall 2020	Member	Liaison Assessment Task Force
Summer 2020	Member	ID Checking Task Force
2015 – 2020	Member Chair, 2019	Experiential Studio Steering Committee <i>Known as the Creativity, Innovation, & Design Studio Steering Committee from 2015 – 2019</i>
2017 – 2019	Researcher	Examination of Gender Equity Issues within the Harold B. Lee Library
2019	Member	Administrative Council
2019	Member	Scientific Merit Review Task Force, Faculty Meeting
2019	Chair	Professional Development Leave Spouse and Dependent Travel Guidelines Task Force, Faculty Meeting
2018 – 2019	Elected Vice-Rep & Representative	Faculty Meeting
2018 – 2019	Member	Facilities Planning Team
2018	Member	Level 4 Investigation Team (& Creativity-Makerspace Subgroup)
2018	Member	Student Block Grant Allocations Task Force <i>Currently known as Experiential Learning Grants</i>
2018	Member	Library Coordinating Council
2017	Member	Search Committee for the Online Learning and Creativity, Innovation, & Design Studio Part-Time Staff Position
2016	Member	Technology Initiative & Printing Task Force
2014	Member	Search Committee for the Sociology, Family Sciences, and Social Work Librarian Position

Brigham Young University

2021 – Present	Member	Psychology Department Alumni Committee
2018 – 2019	Newsletter Editor	Faculty Women's Association
2017 – 2019	Member	Women Thrive Education Initiative Committee

2016 – 2018 Historian Faculty Women’s Association

State Level

2021 – Present Research Fellow Utah Women & Leadership Project

2020 – Present Member Utah Library Association Awards Committee

2018 – Present Member-at-Large Utah Library Association Board
Elected 2018-2021, Re-Elected 2021-2024

2017 – 2018 Chair Utah Library Association Conference Planning Committee

2016 – 2017 Vice-Chair Utah Library Association Conference Planning Committee

2014 – 2016 Publicity Utah Library Association Conference Planning Committee

National Level

2021 – Present Member Publications and Communications Committee,
Education and Behavioral Sciences Section,
Association of College & Research Libraries

2021 – Present Member Psychology Committee,
Education and Behavioral Sciences Section,
Association of College & Research Libraries

2019 – 2021 Co-Chair Psychology Committee,
Education and Behavioral Sciences Section,
Association of College & Research Libraries

2017 – 2019 Member Psychology Committee
Education and Behavioral Sciences Section,
Association of College & Research Libraries

2015 – 2019 Newsletter Editor Publications and Communications Committee,
Education and Behavioral Sciences Section,
Association of College & Research Libraries

Funding

2019 – Present Title: Harold takes flight: Developing a library-focused study abroad
Role: Co-Investigator/Mentor
Funding Agency: BYU Library Experiential Learning Grant,
Amount of Award: \$25,664

2018 – 2019 Title: Exploring the impact of mindfulness through an exhibit and study
Role: Co-Investigator/Mentor
Funding Agency: BYU Library Student Mentoring Research Block Grant

	Amount of Award: \$2,400
2018	Title: Impact of a psychology of gender course on gender attitudes Role: Co-Investigator/Mentor Funding Agency: BYU Office of Research & Creative Works Student Mentoring Grant Amount of Award: \$1,500
2015	Title: Grant writing workshop for graduate students in the College of Family, Home, and Social Sciences Role: Co-Investigator Funding Agency: BYU Library Scholarship and Creative Works Committee Amount of Award: \$1,120

Mentoring Experience

Fall 2021	Skylar Mertz, Psychology Capstone Course Teaching Assistant for PSYCH 375: Cognition Role: Supervisor/Mentor
2019 – Present	Gregory C. Knapp, HBLL Experiential Learning Grant Title: Harold takes flight: Developing a library-focused study abroad Role: Co-investigator/Mentor
2018 – 2020	Tiffany R. Lotulelei, HBLL Student Mentoring Research Block Grant, 2020 Utah Conference on Undergraduate Research Title: Exploring the impact of mindfulness through an exhibit and study Role: Co-investigator/Mentor
2018 – 2019	Sheilagh Fox & Eric Ghelfi, HBLL Student Research Grant Title: History of psychology anthology Role: Library Mentor
2018 – 2019	Libby Evans, HBLL Student Research Grant Title: Domestic abuse curriculum for Malawi women participating in the School of Agriculture for Family Independence Role: Library Mentor
2018 – 2019	Charles D. Flint, 2018 BYU ORCA Grant, 2019 Utah Conference on Undergraduate Research Title: Impact of a psychology of gender course on gender attitudes Role: Co-investigator/Mentor
2018	John Linford, Library Internship Role: Supervisor/Mentor
2018	Jessica Steadman, Library Internship Role: Supervisor/Mentor

2017 – 2018	Erin Kaseda, HBLL Student Research Grant Title: Self-regulation, threat perception, and perceived parental support: An fMRI investigation of children with ADHD Role: Library Mentor
2017 – 2018	Judy Ma and Brian Jones, HBLL Student Research Grant Title: Diagnostic Classification Models in Education Role: Library Mentor
2015	Hilary Parks, Library Internship Role: Supervisor/Mentor
2014 – 2015	James Martherus, HBLL Student Research Grant Title: The impact of in-group beliefs and cognitive dissonance on humanization efforts Role: Library Mentor
2014 – 2015	Richard Bruner, HBLL Student Research Grant Title: The relationship between bad governance and poor child development Role: Library Mentor

Courses Taught

Brigham Young University

Winter 2022 Fall 2021	Psych 375: Cognition
Winter 2021 Fall 2020 Winter 2020	Psych 307: Writing within Psychology

Brigham Young University-Idaho

2011 – 2014	Psych 111: Introductory Psychology
2011 – 2014	Psych 376: Cognition

Michigan State University

2008	Psych 200: Cognitive Psychology
2009	Online Psych 200: Cognitive Psychology

Professional Affiliations

2014 – Present	American Library Association (ALA)
2014 – Present	Association of College & Research Libraries (ACRL)
2014 – Present	Utah Library Association (ULA)
2014 – Present	Psychonomic Society
2014 – Present	BYU Faculty Women's Association

Professional Development

2020	BYU Writing Matters Workshop
2015, 2020 – 2021	Psychonomic Society Annual Conference
2016, 2019 – 2020	National Institute on the Teaching of Psychology Annual Conference
2015, 2019	Association of College & Research Libraries National Conference
2017 – 2018	American Library Association Annual Conference
2015 – 2018, 2020	Utah Library Association Annual Conference
2015	Publish & Flourish Workshop
2014 – 2015	BYU New Faculty Development Seminar